



Eating Disorders Foundation of Canada

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ALERT

From: Dr. Robbie Campbell
Date: May 7, 2020
Re: COVID-19 and Bing Eating Disorder

It should be noted that a British study of 17,000 people that have been hospitalized for COVID-19 and are classified as being obese are 37% more likely to die than other patients. This fact brings to light that although obesity and Binge Eating Disorder are not necessarily equated, we need to ensure that Binge Eating Disorder does not contribute to obesity and render someone more susceptible to COVID-19 and, we suspect, other medical threats.

We would like to ensure that those who are dealing with obesity will have the opportunity to be screened for Binge Eating Disorder and offered treatment. We are concerned that this opportunity is not being presented to all who may benefit and recommend that this screening become a part of all obesity programs. We recognize the need for further education, treatment, and research in the entire area of Binge Eating Disorder and are currently exploring ways to make this happen.

If you or someone you know is struggling with an Eating Disorder during this unprecedented time, please reach out for support to the National Eating Disorders Information Centre at:

Toll-Free: 1-866-NEDIC-20

Toronto: 416-340-4156

Email: nedic@uhn.ca

Stay safe and stay well.

Sincerely,

Dr. Robbie